

1 **Holocene sea levels and coastal change, southwest Viti**

2 **Levu Island, Fiji**

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19 **Abstract**

20 For the first time, a sediment core spanning the entire Holocene has been analysed
21 from Fiji. The 6-m core was obtained from the floor of an ancient coastal lagoon
22 (palaeolagoon) adjacent to Bourewa, the site of the earliest-known human settlement
23 in this island group. The basal sediments, just above bedrock, date from 11,470 cal
24 BP. A major transition occurs around 8000 cal BP where marine influences on
25 palaeolagoon sedimentation increase sharply. Full shallow-water marine conditions
26 are attained around 4630 cal BP and last until 3480 cal BP after which there is a
27 regressive phase lasting until 2025 cal BP.

28 The results agree with the area-specific predictions of sea level in the ICE-4G model,
29 particularly in the timing of the highstand. In addition, the results support the ideas
30 (a) that early human colonization of Fiji occurred during the late Holocene
31 regression, (b) that the first inhabitants of Bourewa utilized both nearshore marine
32 (reefal) and brackish lagoon food sources, and (c) that the abrupt human
33 abandonment of the area around 2500 cal BP was probably driven by a reduction in
34 these resources associated with sea-level fall.

35

36

37 **Keywords**

38 Core

39 Sediment analysis

40 Sea-level change

41 Holocene

42 Fiji

43 Lagoon (coastal)

44 **Introduction**

45 Holocene (postglacial) sea-level changes produced a succession of coastal-
46 environmental changes that transformed both marine and terrestrial ecosystems and
47 sometimes profoundly influenced the development of human societies. Most studies
48 of the links between sea-level change and environmental development have been
49 along continental coasts where there are generally greater rewards in terms of
50 understanding ecosystem complexity and human-societal responses to extraneous
51 forcing (Pavlopoulos et al., 2007; Nienhuis, 2008; Titus, 2009).

52 There have been fewer such studies on oceanic islands although there has been an
53 upsurge of interest in such research in the past two decades, particularly on Pacific
54 Islands. Part of this is attributable to the demonstration that Holocene
55 palaeoenvironmental reconstructions across this vast region have much to contribute
56 to the understanding of subjects as diverse as earth rheology, island habitability and
57 future coastal management (Calhoun and Fletcher, 1996; Dickinson et al., 1994;
58 Kayanne et al., 2002; Dickinson, 2003; Gray and Hein, 2005; Moriwaki et al., 2006;
59 Nunn, 2007a,b; Nunn and Heorake, 2009).

60 This paper reports the results of core-sediment and faunal analyses from a former
61 coastal lagoon (palaeolagoon) in Fiji which encompass the entire Holocene. For the
62 first time from this part of the world, empirical data are available on the course of
63 Holocene sea-level change and the ways that it transformed coastal environments.
64 The palaeolagoon studied adjoins what is regarded as the earliest human settlement
65 (named Bourewa) in Fiji where Holocene sea-level change first rendered the
66 coastline attractive to (human) marine foragers and later forced them elsewhere to
67 develop alternative livelihoods (Nunn, 2009).

68

69 **Holocene sea levels and environmental change in the southwest Pacific Ocean**

70 It is now widely accepted that sea level rose above its present level in the Pacific
71 during the middle Holocene, reaching a maximum elevation of perhaps 2.1 m in Fiji
72 around 4200 cal BP (Grossman et al., 1998; Dickinson, 2001; Nunn, 2001; Nunn and
73 Peltier, 2001). Of particular relevance to this study is the work of Nunn and Peltier
74 (2001) that compared all available data on Holocene sea levels in the Fiji
75 archipelago and plotted them against site-specific predictions of the ICE-4G model.
76 The close comparison found between predictions and empirical data suggests that
77 the model was valid for Fiji and comparable far-field sites. Late Holocene sea level
78 attained its present level around 1200 cal BP and subsequently exhibited variations
79 that were comparatively minor in amplitude yet probably had profound effects on
80 Pacific Island societies (Nunn, 2007a, 2007b).

81 Owing to its tropical oceanic location, particularly in the region where there is a
82 strong ENSO climate signal, the Fiji Islands have received some attention from
83 palaeoclimatologists (Bagnato et al., 2005). Of particular interest has been the
84 evolution of reef-bordered and barrier coasts (Shepherd, 1990) as well as, more
85 specifically, the nature of coastal environments first occupied by humans around
86 3100 cal BP (Nunn, 2005).

87 To appreciate the disproportionate interest in the earliest (Lapita) period of human
88 settlement in Fiji, it should be realized that the people involved crossed more than
89 1100 km of open ocean more than 3000 years ago with only stone-age technology at
90 their disposal. This achievement, unparalleled elsewhere in the world, has led to
91 investigations of many Lapita palaeoenvironments in Fiji and other western Pacific

92 Island groups that were colonized in the same period (Dickinson and Green, 1998;
93 Burley and Dickinson, 2001). A similar interest explains the interest in the abrupt
94 and possibly simultaneous end of the Lapita period about 2500 cal BP in western
95 Pacific Island groups, an event that is most plausibly attributed to resource depletion
96 associated with late Holocene sea-level fall (Carson, 2008; Nunn, 2009).

97

98 **The study area: Bourewa, southwest Viti Levu Island, Fiji**

99 Bourewa is located on the Rove Peninsula, a dry and waterless limestone
100 promontory fringed along its western border by an uncommonly broad coral reef
101 (Figure 1). The presence of such a broad fringing reef off the Bourewa coast means
102 that it is very low-energy in character, only occasionally registering any signs of the
103 large waves (storm surges or tsunamis) which affect nearby areas. There are no
104 signs of late Quaternary tectonic activity along the Rove Peninsula although it cannot
105 be completely discounted as it is part of a forebulge in other parts of which recent
106 tectonic activity is detectable (Hamburger and Everingham, 1986).

107 Bourewa is the site of the earliest and the most extensive Lapita-era (3100-2500 cal
108 BP) settlement discovered on the Rove Peninsula (Figure 1). Likely to be the
109 founder settlement in the Fiji group, the earliest settlement at Bourewa involved a
110 stilt-platform occupation out across the broad fringing reef, probably an indication of
111 the overwhelming importance of marine foraging for the first Fiji people (Nunn,
112 2007c). Such a location also gave the Lapita inhabitants of Bourewa access to the
113 food resources of a brackish coastal lagoon, separated from the fringing reef by a
114 sand spit.

115 A model has been developed involving initial occupation of the Rove Peninsula after
116 the Holocene sea-level maximum when the fringing coral reef had “caught up” with
117 the ocean surface. This was the time of optimal attractiveness of the site to marine
118 foragers. Some 600 years later, rather than population pressure (small site, short
119 time period, massive fringing reef), it is thought that late Holocene sea-level fall
120 impacted reef ecology making it impossible for marine foragers to continue to obtain
121 sufficient food from it (Nunn, 2009). At this point, about 2500 cal BP, the Bourewa
122 Lapita settlement and all the others on the Rove Peninsula were abandoned. This
123 area was largely eschewed for settlement after this time.

124 To test the validity of this model, several cores were taken from the surrounding
125 palaeolagoon and nearby sinkholes. Only one core (Ram Lal 2) proved suitable for
126 analysis, its location being 110 m from the northeast boundary of the reconstructed
127 Bourewa settlement, in what was inferred to be one of the deepest parts of the
128 adjoining palaeolagoon (location shown in Figure 1).

129

130 **Coring of the Bourewa palaeolagoon**

131 Coring was carried out using a hand corer in six one-metre sections with an open
132 cylindrical end piece (Figure 2). Sediment samples were recovered in successive
133 10-cm sections which enabled penetration to a total of 6 m below surface (+2.92 m
134 msl). At this depth, as inferred from the increase in limestone particles in the core
135 sediments, the bedrock foundations of the palaeolagoon are close.

136 Core stratigraphy is shown in Figure 3A with ages for the different layers interpolated
137 from radiocarbon determinations (Table 1). The basal age of the sediment core is
138 11,470 cal BP, around terminal Pleistocene or earliest Holocene times. Changes in

139 sediment texture through the core are explainable by changes in depositional
140 environment, the nature of which was clarified by other analyses. A few decades of
141 non-mechanized ploughing of the palaeolagoon suggests that the top 20-30 cm of
142 the core may have been disturbed for this reason.

143 In each 10-cm sample, counts were made of whole (98% marine) shells and
144 foraminifera (Figure 3B). Layer 1 contained least, while Layer 3 contained most. In
145 Layer 2, both shell and foraminifera numbers increase with decreasing depth,
146 suggesting this layer represents a transition from Layer 1 to Layer 3 environments.
147 Similarly, in Layer 4(i) there is a decrease in shell and foraminifera numbers
148 suggesting that this layer represents a transition from Layer 3 to Layer 4
149 environments. Of the 1073 whole shells identified, the most common species are
150 the shallow nearshore species *Nassarius* (59%) and *Cerithium* (12%); full details are
151 in Lal (2010).

152 Loss-on-ignition in a muffle furnace at 555°C and 950°C allowed the calculation of
153 organic and carbonate proportions in each 10-cm sample (Figure 3C). The results
154 show that the organic fraction is highest in Layers 1 and 4 and around half of this
155 amount in Layers 2-4(i). In contrast, carbonate content is very low in Layer 1 yet
156 rises sharply in Layer 2 and remains high through the rest of the sequence.

157

158 **Interpretation**

159 These results indicate that Layer 1 represents sedimentation from largely terrestrial
160 sources, plausibly when sea level was significantly lower than the bedrock floor of
161 the palaeolagoon. The few marine shells and foraminifera found in Layer 1 may have
162 been deposited in the palaeolagoon during storms or introduced post-deposition by

163 burrowing organisms. The high proportion of organic material and low proportion of
164 carbonate in Layer 1 sediment also supports its interpretation as a terrigenous
165 deposit. Various postglacial sea-level reconstructions for the tropical Pacific
166 (reviewed above) suggest that sea level during the period to which Layer 1 is dated
167 was about 40-3 m below present. If the bedrock floor of the palaeolagoon is around
168 3 m below present (see Figure 3), as inferred from coring, then the palaeolagoon
169 would have been significantly above sea level for most of the time of Layer 1
170 sediment deposition. The slow rate of deposition of Layer 1 is also consistent with
171 terrigenous sedimentation in limestone terrain.

172 Three abrupt changes at the base of Layer 2 signal the start of marine influences on
173 palaeolagoon sedimentation: namely the introduction of sand to the deposit, the
174 sharp rise in marine shell and foraminiferal inclusions, and the rapid rise in carbonate
175 sediment (see Figure 3). This is consistent with sea level rising to within a few
176 metres of the (sediment-filled) lagoon floor, allowing throughout the period of Layer 2
177 deposition an increasing influence on its composition.

178 Layer 3 is interpreted as a marine sediment, as supported by its distinctive lithology,
179 high numbers of shell and foraminifera, and high carbonate (low organic) content. It
180 represents a marine incursion into the palaeolagoon which was then perhaps simply
181 another coastal embayment. If this were the case, then unknown amounts of Layer
182 3 sediment may have been lost, which may explain why it does not display a clear
183 peak in foraminiferal abundance or carbonate percentage. It is plausible to suppose
184 that Layer 3 was that deposited during the Holocene sea-level highstand in this area.

185 The lithology of Layer 4 (including 4(i)) is largely similar except for the olive
186 colouration of 4(i). This and the high proportion of shells that it contains suggests

187 that Layer 4(i) is a transitional layer marking the change from a wholly marine coastal
188 embayment to a coastal lagoon. Yet both the high counts of foraminifera and high
189 carbonate content of Layer 4(i) sediment show that it continued to be influenced by
190 marine processes. It is probable that Layer 4(i) was formed at a time during the late
191 Holocene when sea level had begun to fall from its maximum. The contrast between
192 this transitional layer (Layer 4(i)) and the earlier (Layer 2) suggests that the latter
193 was driven by a sea-level rise that was more rapid and monotonic compared to the
194 former that was slower and more variable.

195 The main part of Layer 4 is dated to the late Holocene and has low numbers of shells
196 and foraminifera that demonstrate a significantly reduced influence from the ocean
197 yet not its total exclusion from palaeolagoon sedimentation. It is likely that sea level
198 at the start of Layer 4 deposition 2025 cal BP was around 1 m higher than today so
199 that occasional marine incursions would have been common. This interpretation is
200 supported by the continuing high level of carbonate sediment and low level of
201 organic sediment, although this has risen relative to Layer 4(i) and signals an
202 increased terrigenous sediment contribution.

203

204 **Holocene sea-level change and palaeogeography**

205 The most detailed postglacial sea-level curves for Fiji, using the ICE-4G model
206 constrained by abundant empirical data, were published by Nunn and Peltier (2001)
207 and included one for southern Viti Levu Island. This is shown in Figure 4 for the past
208 9000 yr together with the various palaeoenvironmental changes at Bourewa
209 interpreted from core analysis.

210 Around 8000 cal BP, sea level was around 3 m below present, within perhaps 50 cm
211 of the contemporary palaeolagoon floor and so just able to flood it at high tide. Prior
212 to this time the palaeolagoon had been largely cut off from marine influences
213 although these increase towards the end of Layer 1 deposition (see Figure 3B). The
214 rise in carbonate sediment inputs to lagoon sediments are responsible for the
215 change in their lithological character from Layers 1 to 2. During the time of Layer 2
216 sediment deposition, sea level in the area rose quickly (Figure 4) and the lagoon was
217 flooded with increasing regularity.

218 It is significant that the timing of the sea-level maximum in the ICE-4G model shown
219 in Figure 4 is coincident with the dating of Layer 3 at Bourewa (4630-3480 cal BP).
220 This period marks a time when sea level was high enough (maximum +2.1 m) to
221 permanently flood the former lagoon; terrigenous sediment inputs were minimal.

222 Since this time, the overall trend of sea level has been a falling one. From 3480-
223 2025 cal BP, marine influences on the lagoon lessen, not only perhaps because of
224 the regression but also because of the development of the sand spit that was part of
225 the coastal landscape at the time (Nunn, 2007c). It is within this period that the
226 human occupation of the Rove Peninsula took place and evidence from the shell
227 midden suggests that at least for the first 200 years the Bourewa settlers were
228 subsisting largely from shellfish foraging on both the fringing reef and the brackish
229 coastal-lagoon. Some 200 years after initial arrival, there is evidence for the
230 introduction of taro and yam, which were likely planted in the soft sediments around
231 the fringe of the coastal lagoon (Horrocks and Nunn, 2007).

232 The final phase of palaeolagoon history determined from core analysis covers the
233 last 2000 years and represents a time when the palaeolagoon was largely dry,

234 subject largely to terrigenous sedimentation yet certainly not immune from marine
235 influences. This is most strikingly shown by the continued high carbonate
236 component of palaeolagoon sediment, although much of this may come from the re-
237 deposition of marine sediments on the flanks of the palaeolagoon rather than primary
238 marine deposition.

239

240 **Conclusions**

241 This study reports the results of the first palaeogeographical study for the Fiji Islands
242 that is supported by core-sediment analysis. It was carried out in an area where
243 appropriate equipment is generally lacking, where access is difficult, and yet which
244 clearly has great potential. It would be encouraging if more research were carried
245 out in this and similar areas.

246 The close correlation between palaeogeographical changes deduced from core-
247 sediment analyses and the sea-level curve for southern Viti Levu Island is
248 remarkable and adds weight to the assumptions that underlie both these separate
249 processes.

250 In terms of the model of Holocene sea-level changes influencing the nature of
251 Lapita-era settlement on the Rove Peninsula, several points are noted.

- 252 • Human settlement of Fiji (at Bourewa) did not occur until after the mid-
253 Holocene highstand and may have coincided with the time at which coral
254 reefs in this area caught up with sea level, their upgrowth having lagged
255 behind its rise for much of the earlier Holocene.

- 256 • During the 600-year occupation of the Bourewa settlement site, sea level was
257 falling and it therefore seems reasonable to propose that the changes in the
258 nature of subsistence observed during this period – principally a reduction in
259 emphasis on marine foraging and a concomitant increase in horticulture –
260 may indeed be a result of this.
- 261 • The abrupt abandonment of the Bourewa settlement around 2500 cal BP
262 occurred at a time when sea-level fall would have affected fringing-reef
263 resources but also, as this study shows, would have caused the coastal-
264 lagoon to have become much drier than earlier, rendering it unsuitable for
265 either shellfish collection or aroid cultivation.

266

267 **Acknowledgements**

268 We are grateful to the Vusama community, especially Tikiko Tavagone, for their
269 hospitality and assistance with this project which was funded by the University of the
270 South Pacific. Our thanks to Dr Susanne Pohler and Johnson Seeto for help at
271 various stages of the project.

272

273 **References**

274

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356

357 **Figure captions**

358

359 Figure 1. Location of the study site within the Fiji archipelago.

360

361 Figure 2. Photograph of coring at site Ram Lal 2.

362

363 Figure 3. Results of coring. A – Core stratigraphy showing depths, relationship
364 to current sea level, lithology and interpolated radiocarbon ages. B –
365 Counts of shells and foraminifera in particular 10-cm samples. C –
366 Percentages of organic and carbonate in each 10-cm sample.

367

368 Figure 4. Environmental changes at the study site interpreted from core analysis
369 plotted against Holocene sea-level changes for the south coast of Viti
370 Levu Island from the ICE-4G model (Nunn and Peltier, 2001).

371